Our Mission
To promote the health and well-being of individuals, families and organizations.
We accomplish this through professional, caring and comprehensive behavioral health care services and by partnering with other organizations that share our philosophy.

Effectiveness, Best Outcomes & Treatment Options
In any treatment relationship, a client’s ability to be open, cooperative and engaged in their treatment plan is vital to treatment effectiveness and the best outcomes. And, that’s true for Telepsychiatry as well. Clients in consultation with their provider will always have a choice in deciding what treatment approach is best for them, including deciding whether Telepsychiatry is the right fit for them.

Scheduling Appointments
After a Telepsychiatry session, clients will return to the reception area to schedule their next session.

For more information about Telepsychiatry or to schedule an initial appointment, please call Intake at 603-434-1577.

Appointments are scheduled for 15 minutes. To keep the schedule running on time, and for the courtesy of other clients, appointments cannot run overtime. If you have issues to address that require more time, please notify us when scheduling or prior to your appointment. If necessary, a second appointment may need to be scheduled.
What is Telepsychiatry?

Telepsychiatry allows clients to access psychiatric care using computer video conferencing so that the client and provider can see and hear each other from a computer screen. Telepsychiatry can involve providing a range of services including psychiatric evaluation, therapy, patient education and medication management.

Telepsychiatry allows for improved availability and access to mental health care and has been shown to be as effective as in-person care in terms of accurate diagnosis, treatment effectiveness, quality of care and client satisfaction. Client privacy and confidentiality are equivalent to in-person care.

What Clients Need to Know About Telepsychiatry

Clients will have a scheduled appointment at the CLM office. Your provider will not be physically in the office, but will be present through the video conferencing screen. Your provider will work with a CLM Assistant that is in the office who will escort you to the treatment room and who will then leave the room so your visit with your provider will be private and confidential. When your visit ends, the Assistant will escort you from the treatment room.

Clients do not need to have computer skills as the Assistant will set-up and start the video conferencing for them. While video conferencing may seem a bit awkward at first, clients must be comfortable interacting with the provider on screen. In order to make your Telepsychiatry appointments as effective as possible, clients must be cooperative and arrive on time.

It's important to note that to protect privacy, sessions are not video recorded or saved. The provider will document all progress notes and treatment plans in the electronic health record, just as would be done at an in-person visit.

What if there is a Problem with the Equipment?

Technical problems with the computer equipment while rare, may occur. If there is a technical problem during a session, the provider will call by phone to discuss with the client any emergent issues and will reschedule the session as needed.

What if Emergency Services is needed?

Telepsychiatry is not intended for provision of Emergency Services. If circumstances warrant it, your provider may require you to be seen for a face-to-face Emergency Services appointment. In the event a client is experiencing an emergency during a Telepsychiatry session, other staff may enter the treatment room to assist with managing the emergency.